

# 屈臣氏體檢計劃價目表 Watsons Body Check Plan Price List

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| #  | 體檢計劃種類<br>Type of Body Check Plan                      | 分類<br>Range  | 體檢項目<br>Body Check Item   | 適合參加人士<br>Recommended for   | 零售價<br>Retail Price  | 服務提供者<br>Service Provider           |
|----|--|--|---|---|--|-------------------------------------|
| 1  | 基礎檢查計劃<br>Basic Body Checkup Plan                      | 男士健康<br>Men's Health   | 尚至男性體檢計劃<br>Virtus Male Health Check Programme  | 18歲或以上男士<br>Male aged 18 or above   | HKD 7,000.00   | 尚至醫療集團<br>Virtus Medical Group Ltd. |
| 2  |  | 女士健康<br>Women's Health   | 尚至女性體檢計劃<br>Virtus Female Health Check Programme  | 18歲或以上女士<br>Female aged 18 or above   | HKD 7,000.00   |                                     |
| 3  |  |  | 婦女健康檢查計劃 (45歲或以上)<br>Women Health Checkup Plan (Aged 45 or above)   | 45歲或以上女士<br>Female aged 45 or above   | HKD 2,800.00   |                                     |
| 4  |  |  | 婦女健康檢查計劃 (45歲以下)<br>Women Health Checkup Plan (Aged below 45)   | 18 - 44歲女士<br>Female aged 18 - 44   | HKD 2,800.00   |                                     |
| 5  |  |  | 婚前檢查<br>Premarital Plan   | 婚前檢查 (男性)<br>Premarital Checkup Plan (Male)   | 18歲或以上並準備結婚的男士<br>Male aged 18 or above and preparing for marriage |                                     |
| 6  |  | 婚前檢查 (女性)<br>Premarital Checkup Plan (Female)                      |   | 18歲或以上並準備結婚的女士<br>Female aged 18 or above and preparing for marriage  | HKD 1,750.00   |                                     |
| 7  |  | 婚前檢查 (準夫婦)<br>Premarital Checkup Plan (Couple)                     |   | 18歲或以上準夫婦<br>Couples aged 18 or above and preparing for marriage  | HKD 2,700.00   |                                     |
| 8  |  | 生育檢查<br>Fertility Plan   | 預產前檢查 (男性)<br>Preconception Checkup Plan (Male)   | 18歲或以上並與另一半計劃生育的男士<br>Males aged 18 or above and are planning to conceive with their partner  | HKD 2,600.00   |                                     |
| 9  |  |  | 預產前檢查 (女性)<br>Preconception Checkup Plan (Female)   | 18歲或以上準備懷孕的女性<br>Women aged 18 or above and planning to conceive  | HKD 3,750.00   |                                     |
| 10 |  |  | 預產前檢查 (夫婦)<br>Preconception Checkup Plan (Couple)   | 18歲或以上並計劃生育的伴侶<br>Couples aged 18 or above and planning to conceive   | HKD 5,550.00   |                                     |
| 11 |  |  | 女性生育能力評估套餐 (進階)<br>Female Fertility Hormone Screening Package (Advanced)  | 18歲或以上女士<br>Female aged 18 or above   | HKD 3,760.00   |                                     |
| 12 |  |  | 女性生育能力評估套餐 (基本)<br>Female Fertility Hormone Screening Package (Basic)   | 18歲或以上女士<br>Female aged 18 or above   | HKD 2,810.00   |                                     |
| 13 | 都市健康檢查計劃<br>Urban Health Checkup Plan                  | 肝纖維化掃描<br>FibroScan  | 尚至肝纖維化掃描<br>Virtus FibroScan  | 18歲或以上且符合以下條件的高風險人士 High risk individuals aged 18 or above with the following conditions:<br>- 糖尿病/胰島素抵抗 Diabetes/ Insulin Resistance<br>- 肥胖 Obesity<br>- 高血壓 Hypertension<br>- 膽固醇水平異常 Dyslipidaemia<br>- 飲酒人士 Alcohol consumer<br>- 乙型肝炎帶菌者 Hepatitis B<br>- 丙型肝炎帶菌者 Hepatitis C<br>- 長期服用某種藥物 Take certain medication for a long time   | HKD 1,800.00   |                                     |
| 14 |  | 肺癌篩查<br>Lung Cancer Screening                                      | 肺癌篩查 (低劑量胸線電腦斷層掃描)<br>Lung Cancer Screening Programme (Low-dose CT Thorax)  | 以下高危人士 High risk individuals with the following conditions:<br>- 50歲或以上 Aged 50 or above<br>- 長期吸煙 Smoker<br>- 曾是長期吸煙者，戒煙尚未超過15年 Former smoker with less than 15 years since quitting<br>- 長期暴露於氡氣 (一種已被確認為可引致肺癌的物質，主要來自建築物料) Being exposed to radon (a naturally occurring radioactive gas that can cause lung cancer, commonly given off by soil and rock) for a long period of time<br>- 癌症患者 Cancer patients<br>- 家族有肺癌病史 With a family history of lung cancer<br>- 肺部纖維化或慢性阻塞性肺病患者 Patients with pulmonary fibrosis and chronic obstructive pulmonary disease (COPD) | HKD 1,800.00   |                                     |
| 15 |  | 腎臟健康<br>Holistic Renal Health                                      | 「腎」全健康計劃<br>Holistic Renal Health Programme   | 18歲或以上出現慢性腎病常見症狀的人士 Individuals aged 18 or above and who are prone to experiencing common symptoms of chronic kidney disease:<br>- 腰部疼痛 Back pain<br>- 眼皮、腹部、下肢水腫 Swelling in eyelids, abdomen and lower limbs<br>- 小便帶血、小便起泡、夜尿增加或小便量變少 Blood in urine, foamy or bubbly urine, increased nocturia or reduced urine output<br>- 高血壓 Hypertension<br>- 氣喘 Shortness of breath<br>- 疲憊無力或貧血 Fatigue or anaemia symptom<br>- 食慾減退、噁心、嘔吐、痲瘰 Loss of appetite, nausea, vomiting and itchiness  | HKD 4,700.00   |                                     |
| 16 |  | 骨質疏鬆診斷<br>Osteoporosis Checking                                    | 骨質疏鬆診斷<br>Osteoporosis Checking   | 18歲或以上且符合以下條件的高風險人士 High risk individuals aged 18 or above with the following conditions:<br>- 有遺傳及家族病歷 Family history of osteoporosis<br>- 過瘦 Being underweight<br>- 45歲前收經 Menopause before age of 45<br>- 女性65歲以上 / 男性70歲以上 Being over age of 65 for women / 70 for men<br>- 長期缺乏運動 Inactive lifestyle<br>- 長期服用類固醇 Long-term steroid use<br>- 長期鈣質攝取不足 Not getting enough calcium<br>- 吸煙 Smoking<br>- 甲狀腺及副甲狀腺素異常 Parathyroid and thyroid problems   | HKD 1,000.00   |                                     |
| 17 | 下肢動脈阻塞篩查<br>Lower Extremity Arterial Disease Screening | 下肢動脈阻塞篩查計劃<br>Lower Extremity Arterial Disease Screening Programme | 下肢血管阻塞或動脈粥樣硬化的高危人士 Individuals with high risk factors of lower extremity vascular obstruction or atherosclerosis:<br>- 65歲或以上 Aged 65 or above<br>- 糖尿病患者 Patients with diabetes<br>- 吸煙人士 Smokers<br>- 高血脂患者 Patients with hyperlipidaemia<br>- 高血壓患者 Patients with hypertension<br>- 家族有周邊動脈病史的人士 People with a family history of PAD<br>- 其他動脈(如心血管、頸動脈等)粥樣硬化病患者 Have a history of atherosclerosis in other vascular beds, like coronary artery or carotid artery. | HKD 980.00  |  |                                     |
| 18 | 早期鼻咽癌篩查<br>Early Nasopharyngeal Cancer Screening       | 早期鼻咽癌篩查計劃<br>Early Nasopharyngeal Cancer Screening                 | 18歲或以上且符合以下條件的高風險人士 High risk individuals aged 18 or above with the following conditions:<br>- 有鼻咽癌家族病史或高風險因素的人士而沒有症狀人士 Asymptomatic individuals with a family history or possess high-risk factors of nasopharyngeal cancer<br>- 作常規體檢人士 Individuals for routine physical examination  | HKD 2,200.00  |  |                                     |
| 19 | 長新冠健康評估<br>Post-COVID Health Assessment                | 長新冠健康評估計劃<br>Post-COVID Health Assessment                          | 18歲或以上新冠康復患者<br>Patients aged 18 or above and have recovered from COVID-19  | HKD 1,980.00  |  |                                     |